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ONLINE SAFETY AND WELL-BEING

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ONLINE SAFETY AND WELL-BEING

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1- SCHOOL DEVICES ARE FOR SCHOOL, NOT FOR ONLINE SOCIALIZING

Social Hangouts can be an added distraction during learning time, therefore Hangouts should only be used for school meetings.

Google Hangouts is a tool used and directed by teachers to successfully collaborate and communicate about the day's lessons.

After 3:30 the school devices should be placed away, to help reduce the amount of screen time.

If your child would like virtual playdates, please set these up through your personal devices.

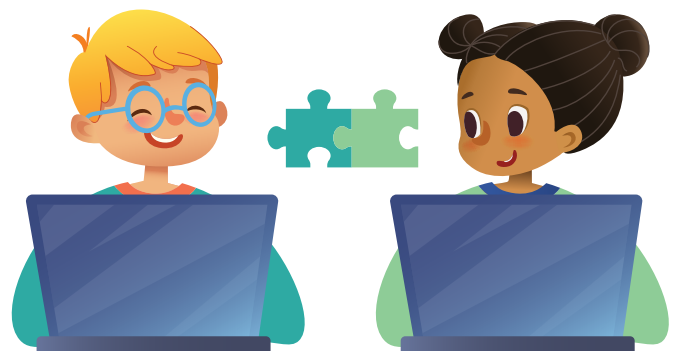


2- PLAY, WATCH, LEARN TOGETHER

Play video games, watch movies and download apps with your kids. Share your favorite videos together. It's not all the time, of course -- who has time for that? -- but staying engaged and showing interest breeds comfort and camaraderie.

Agree on boundaries and put yourself in control: Make use of the parental controls on your home devices (such as restricted modes or following age limits for student use).

◆ [Online Safety Guide: Settings](#)



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3 - GET FAMILIAR WITH REGULAR CONVERSATIONS:

Chat with your child about online safety. As a conversation starter, you could begin by asking them for advice on how to do something online.

Make sure they know they can come to you if they're feeling bad about something they've seen online.

If your child talks about an issue with you, stay calm and listen without judgment.

◆ [Conversation Starters](#)



4 - MAKE SURE YOUR CHILD IS AWARE OF THE ONLINE SAFETY RULES:

- ◆ Don't share your password with peers.
- ◆ Only talk to real-life friends or family (if they are on sites with a social media element).
- ◆ Remind them that "If you wouldn't say it to someone's face, don't text it, instant message it, or post it as a comment on someone's page".
- ◆ Use secure and legal sites to download music and games.
- ◆ Make sure they check with you before downloading any programs to avoid viruses and to check the age recommendations.





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Contact us

✉ info@iics.k12.tr

🌐 www.iics.k12.tr



MARMARA CAMPUS
Karaağaç Köyü Mah. Kahraman Cad. 27/1
Büyükkçekmece, Istanbul, Turkey 34500
Tel: +90 212 857 82 64

HISAR CAMPUS
Nafibaba Sokak No: 6, Rumeli Hisarı
Istanbul, Turkey 34470
Tel: +90 212 287 27 70



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