

DATE	1.11.2021	2.11.2021	3.11.2021	4.11.2021	5.11.2021
DAY	Monday	Tuesday	Wednesday	Thursday	Friday
SOUP	MUSHROOM SOUP (1,7) V	VEGETABLE SOUP (1,7) V	BEANS SOUP (1,7) V	LENTIL SOUP (1) V	TOMATO SOUP (1,3,7) V
MAIN DISH	BEEF ENCHILADA (1,7)	SHEPHERD'S PIE (1,4,7)	TAGLIATELLA BOLONESE (1,3)	GENERAL TSO TURKEY (1,3,6)	HARICOT BEAN WITH MEAT (1,6)
SIDE DISH	RICE VV	STEAMED BROCCOLI VV	CHEESE (7) V	RICE VV	RICE VV
SALADS	RED CABBAGE VV CHERRY TOMATO & CUCUMBER	CARROT STICKS VV RAW RED&YELLOW PEPPER SLICES VV	STEAMED BRUSSELS CABBAGE VV TOMATO / CUCUMBER/CARROT SLICES VV	HOT RED CABBAGE VV STEAMED EDAMAME VV	VEGETABLE SKENVER VV CARROT & CUCUMBER STICKS VV
DESSERT	YOGHURT (7) V	YOGHURT (7) V	YOGHURT (7) V	YOGHURT (7) V	YOGHURT (7) V
FRUIT	MANDARIN VV	RED APPLE VV	ORANGE VV	MANDARIN VV	PEAR VV
DATE	8.11.2021	9.11.2021	10.11.2021	11.11.2021	12.11.2021
DAY	Monday	Tuesday	Wednesday	Thursday	Friday
SOUP	BEANS SOUP (1,7) V	VEGETABLE SOUP (1,7) V	GOULASH SOUP (1)	LENTIL SOUP (1) V	TOMATO SOUP (1,3,7) V
MAIN DISH	MEAT FAJITA	SLOPPY JOE (7,10)	VEGGIE PIZZA (1,3,7) V	BULGOGI (1,6)	GRILLED MEATBALL WITH TOMATO SAUCE (1,10)
SIDE DISH	RICE VV	BAKED POTATO VV	OVEN ZUCCHINI VV	NOODLE (1,3) V	BAKED POTATO VV
SALADS	RED, YELLOW/GREEN GRILLED PEPPERS VV	ONION RINGS (1,3) V	FETA CHEESE (7) V	GRILLED CHEESE V	CARROT STICKS & SLICED RED PEPPERS VV
DESSERT	CELERY (9) V	LETTUCE/PICKLES/SLICED TOMATO VV	CHERRY TOMATO & CUCUMBER STICKS VV	HOT RED CABBAGE VV	STEAMED PEAS VV
FRUIT	YOGHURT (7) V	YOGHURT (7) V	YOGHURT (7) V	YOGHURT (7) V	YOGHURT (7) V
FRUIT	PEAR VV	ORANGE VV	GREEN APPLE VV	GREEN APPLE VV	RED APPLE VV
DATE	15.11.2021	16.11.2021	17.11.2021	18.11.2021	19.11.2021
DAY	Monday	Tuesday	Wednesday	Thursday	Friday
SOUP	BEANS SOUP (1,7) V	VEGETABLE SOUP (1,7) V	LEEK SOUP VV	LENTIL SOUP (1) V	TOMATO SOUP (1,3,7) V
MAIN DISH	BEEF BURRITO (1,7)	CHICKEN FINGER (1,3,7)	FETTUCCINE ALFREDO WITH CHICKEN (1,3,7)	CRISPY BEEF WITH LEMON SAUCE (1,6)	CHICKPEA V
SIDE DISH	RICE VV	BAKED POTATO VV	CHEESE (7) V	GRILLED 3 COLORS PEPPERS VV	RICE VV
SALADS	STEAMED MIX VEGGIES VV CHERRY TOMATO & CUCUMBER STICKS VV	CHERRY TOMATO & CUCUMBER STICKS VV RED CABBAGE VV	MIXED VEGETABLES VV 3 COLORS PEPPERS VV	CAULIFLOWER GRATEN VV HOT RED CABBAGE VV	LETTUCE-MEDITERRANEAN GREENS VV CHERRY TOMATO & CUCUMBER STICKS VV
DESSERT	YOGHURT (7) V	YOGHURT (7) V	YOGHURT (7) V	YOGHURT (7) V	YOGHURT (7) V
FRUIT	MANDARIN VV	RED APPLE VV	ORANGE VV	GREEN APPLE VV	PEAR VV
DATE	22.11.2021	23.11.2021	24.11.2021	25.11.2021	26.11.2021
DAY	Monday	Tuesday	Wednesday	Thursday	Friday
SOUP	BEANS SOUP (1,7) V	VEGETABLE SOUP (1,7) V	GOULASH SOUP (1)	LENTIL SOUP (1) V	TOMATO SOUP (1,3,7) V
MAIN DISH	CHILI CON CARNE	HAMBURGER (1,3,7)	MARGARITA PIZZA (1,3,7) V	SWEET AND SOUR CHICKEN (1,6)	GRILLED TURKEY
SIDE DISH	SPANISH RICE VV	ONION RINGS (1,3) V	STEAMED BROCCOLI V	RICE VV	SAUTEED POTATO VV
SALADS	STEAMED VEGETABLE VV TOMATO / CUCUMBER/CARROT SLICES VV	BAKED POTATO VV TOMATO / PICKLES/LETTUCE VV	GREEN LENTIL SALAD VV 3 COLORS PEPPER STICKS VV	MIXED VEGETABLES VV RED CABBAGE VV	CAULIFLOWER GRATEN VV RAW RED&YELLOW PEPPER SLICES VV
DESSERT	YOGHURT (7) V	YOGHURT (7) V	YOGHURT (7) V	YOGHURT (7) V	YOGHURT (7) V
FRUIT	MANDARIN VV	RED APPLE VV	GREEN APPLE VV	MANDARIN VV	RED APPLE VV
DATE	29.11.2021	30.11.2021			
DAY	Monday	Tuesday			
SOUP	BEANS SOUP (1,7) V	VEGETABLE SOUP (1,7) V			
MAIN DISH	QUESADILLA (1,7)	HAMBURGER (1,3,7)			
SIDE DISH	CHICKPEE PUREE VV	ONION RINGS (1,3) V			
SALADS	CARROT & CUCUMBER STICKS VV	BAKED POTATO VV			
DESSERT	LEEK VV	TOMATO / PICKLES/LETTUCE VV			
FRUIT	YOGHURT (7) V	YOGHURT (7) V			
FRUIT	PEAR VV	ORANGE VV			



Grains
(1)



Crustaceans
(2)



Eggs
(3)



Fish
(4)



Peanuts
(5)



Soy
(6)



Milk
(7)



Nuts
(8)



Celery
(9)



Mustard
(10)



Sesame seeds
(11)



Sulfites
(12)



Lupins
(13)



Molluscs
(14)