



LUNCH MENU

HISAR CAMPUS



SARDUNYA

Seasonal
 Organic
 Vegan
 Vegetarian

DATE	10.01.2022	11.01.2022	12.01.2022	13.01.2022	14.01.2022
DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	CORN SOUP (1,7)	VEGETABLE SOUP (1,7)	LENTIL SOUP	VEGETABLE SOUP (1,7)	TOMATO SOUP WITH CROUTONS (1,7)
MAIN DISH	CHICKEN ENCHILADA CASSEROLE (1,3,7)	HARRICOT BEANS WITHOUT MEAT	OVEN FISH FINGER (1,3,4)	MITTE MEATBALL (1,3)	MANTI (1,3)
GARNITURE	PEAS WITH CARROT	MIX VEGETABLE	STEAMED BROCCOLI	WHITE CABBAGE WITH CARROT	LENTIL MEATBALL
SIDE DISH	BULGUR (1)	RICE	BARLEY NOODLE WITH VEGETABLE (1)	RICE	YOGHURT (7)
SALADS	ROCKET & SPINACH & CHERRY TOMATO	GREEN LENTIL SALAD (12)	ROCKET & SPINACH	CARROT	SPINACH & CHERRY TOMATO & CUCUMBER
FRUIT	YOGHURT WITH HONEY (7)	RED CABBAGE & CUCUMBER	CHERRY TOMATO & CARROT	RED CABBAGE & CUCUMBER	MEDITERRANEAN GREENS
	FRUIT	FRUIT	FRUIT	FRUIT	FRUIT
DATE	17.01.2022	18.01.2022	19.01.2022	20.01.2022	21.01.2022
DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	VEGETABLE SOUP (1,7)	ZUCCHINI SOUP (1,7)	LENTIL SOUP	CARROT SOUP (1,7)	LENTIL SOUP
MAIN DISH	MEXICAN BEEF STEW	HAMBURGER (1,3,7,12)	CHICKPEA WITHOUT MEAT	CHICKEN DRUMSTICK (1,6)	SWEDEN MEATBALL (1,3)
GARNITURE	STEAMED VEGETABLE	MIX VEGETABLE	STEAMED BROCCOLI WITH CARROT	GREEN BEANS	BAKED MIX VEGETABLE
SIDE DISH	RICE	HARRICOT BEANS SALAD	RICE	BULGUR (1)	PASTA WITH SAUCE (1,3)
SALADS	ROCKET & SPINACH & CARROT	CARROT	VEGETABLES TARATOR (7)	PEPPERS	ROCKET & SPINACH & CUCUMBER
FRUIT	YOGHURT WITH HONEY (7)	CHERRY TOMATO & CUCUMBER	RED CABBAGE & CUCUMBER	CHERRY TOMATO & CUCUMBER	RED CABBAGE SALAD (12)
	FRUIT	FRUIT	FRUIT	FRUIT	FRUIT
DATE	24.01.2022	25.01.2022	26.01.2022	27.01.2022	28.01.2022
DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	CORN SOUP (1,7)	VEGETABLE SOUP (1,7)	LENTIL SOUP	ZUCCHINI SOUP (1,7)	BROCCOLI SOUP (1,7)
MAIN DISH	MEXICAN MEATBALLS (1,3)	CHICKPEAS WITHOUT MEAT (12)	OVEN FISH FINGER (1,3,4)	BEEF WITH LEMON SAUCE (6)	ROASTED MEATBALL (1,3)
GARNITURE	BROCCOLI	CELERY (9)	MIX VEGETABLE	BAKED POTATO	MASHED POTATOES (1,7)
SIDE DISH	PASTA (1)	RICE	PASTA (1)	RICE	BULGUR RICE (1)
SALADS	ROCKET & SPINACH & CARROT	PEPPERS	GREEN LENTIL SALAD (12)	RED CABBAGE	BEET SALAD
FRUIT	YOGHURT WITH HONEY (7)	CHERRY TOMATO & CUCUMBER	CUCUMBER & CARROT & SPINACH	CHERRY TOMATO & CUCUMBER	CUCUMBER & CARROT SLICES
	FRUIT	FRUIT	FRUIT	FRUIT	FRUIT
DATE	31.01.2022				
DAY	MONDAY				
SOUP	LEGUMES SOUP (1)				
MAIN DISH	TURKEY FAJITA				
GARNITURE	PEAS WITH CARROT				
SIDE DISH	RICE				
SALADS	RED CABBAGE & CUCUMBER				
FRUIT	YOGHURT WITH HONEY (7)				
	FRUIT				

